



2007/2008 Grant Winners

Alum Bridge Elementary School **Lewis** **Healthy Hearts for Healthy Kids**
Create walking trail to promote walking and increased physical activity among students, faculty and community members. Trail will be used to develop physical activity programs such as Community Walk-a-Thons, student Walk-a-Thons, classrooms competitions, and 10,000 steps programs.

Creed Collins Elementary **Ritchie** **SPARK training**
Train thirty Ritchie County physical health education teachers in SPARK. Teachers will use research based and developmentally appropriate material to teach over 900 students.

Harrisville Elementary School **Ritchie** **We are Climbing the Walls**
Install gymnasium climbing wall to be incorporated into the physical education program at school to increase muscular strength and stamina.

North Elementary School **Monongalia** **Dance Dance Revolution**
Purchase Dance, Dance Revolution, pedometers, and other equipment (hula hoops, jump ropes, soccer and playground balls, etc) to be used in the PE program and other activities.

Malden Elementary **Kanawha** **Calm and Energized**
To offer Yoga training classes to students, parents and teachers. To teach students to increase physical activity, decrease stress and anxious overeating, build physical strength, flexibility and confidence, and discover personal stress triggers which result in overeating and lethargy and how to eliminate them.

Martin Elementary School **Wood** **Family Fitness Nights**
An eight- week program during winter for over 150 students and families, senior citizens and home schooled families.

Mercer Elementary School **Mercer** **Family Fun Night**
Targeting 322 students, families and 36 faculty and staff, these nights will promote healthy lifestyles and offer support activities.

North Elementary School **Randolph** **Recreation Station**
Create a recreation station that will use workout equipment such as pull up bars, sit-up benches and virtual games to enhance recreational play.

St. Agnes Catholic School **Kanawha** **Walking Track**
Construct a new walking track that will be available to students and community.

Tygart Valley Middle and High School **Randolph** **Techno Fit**
To launch a technology based physical activity program using televisions equipped with Dance Dance Revolution and Nintendo Wii gaming systems.





2006/2007 Grant Winners

Chamberlain Elementary School Improve existing playground	Kanawha	Pride Rock Village
Cheat Lake Middle School Provide tailored fitness information to all fifth graders to increase physical activity .	Monongalia	SHARKS Getting Fit!
Clay County Middle School Continue after school bike rides, transportation for park rides, safety and skills classes, and use equipment for spin classes in winter. Learn through biking, while staying physically active.	Clay	Mountain Mud Mashers
Doddridge County Middle School Phase I of outdoor recreation area – to build 3 rim basketball court available to students and the community.	Doddridge	Bobcat Family Recreation Area
Greenbrier East High School Purchase Dance, Dance Revolution to be used along with ROUTEEN, a dance/movement program, and to purchase exercise equipment such as bands and hand weights, etc.	Greenbrier	Project Lifestyle
Jane Lew Elementary School Phys Ed classes will use the trail. The school will sponsor walk-a-thons to promote physical activity, community walking events.	Lewis	Healthy Hearts Trail
Kanawha Elementary School Install playground equipment inside the present walking track.	Wood	Playground and Track
Martin & Madison Elementary Schools Martin on the Move – an 8 week Family Fun/Fitness night program that will increase teacher, student, and family involvement at school, increase physical activity opportunities, and support healthy nutrition. Madison Elementary School will develop Dance, Dance Revolution programs to provide recess during bad weather.	Wood	Martin on the Move
Sherman High School Provide organized physical activities structured and supervised by a trained physical education teacher to community and students. The program will encourage and develop healthier lifestyles and habits.	Boone	Moving to better Health
West Liberty Elementary School To increase movement during recess – inside and outside -by including fun, mobile equipment. To increase faculty, staff and student wellness with a school wide pedometer program. To increase student lifetime fitness with Learn to Swim program and after school club.	Ohio	WLES



2005/2006 Grant Winners

Bridge Street Elementary School

Ohio

Bridge Street Elementary School

Walking trail with exercise enhancements around the perimeter of the school.

George Ward Elementary School

Randolph

Follow Our Footsteps!

Build a walking trail, hold a community health and fitness fair and promote walking through challenges for school classes, families and the community.

Kasson Elementary School

Barbour

Pathway to Lifetime Fitness

Create a quality walking/running/exercise trail and stations on school ground. Available to students and community.

Martin Elementary School

Wood

Martin on the Move

Increase access to physical activity opportunities and interactive nutrition education of students, parents, and community members.

Wirt County Middle School

Wirt

Wirt Wellness – A Way of Life

Involving teachers, parents and students to increase physical activity opportunities.