



2010-2011 Grant Projects

Crescent Elementary School **Raleigh** **Crescent Chipmunks Get Fit with Fun**
Purchase outdoor equipment and create a walking/fitness trail to increase physical education time and increase physical activity opportunities through training and incentives.

Kellogg Elementary **Wayne** **Kellogg's Field of Fitness**
Incorporate enhanced recreation area, fitness stations and walking track into classes and promote use before and after school to staff and community through collaboration with Marshall University.

Logan Elementary **Logan** **Logan Grade – Happy and Healthy**
Implement new PE programs, school wide exercise routines, alternative physical activity curriculum, and staff and parent focused interventions as part of long term effort to promote healthy lifestyle habits.

Page Jackson Elementary School **Jefferson** **Kids Run Wild**
Improve environment by co-locating nature trail and youth garden at school and implementing Kids Run Wild program to instill lifelong exercise habits for students, staff and families.

Parkersburg South High School **Wood** **Lunchtime=Funtime**
Through training, tournaments and challenges increase physical activity levels of students, staff and families using electronic gaming systems and equipment in cafeteria.

Pleasants County Middle School **Pleasants** **School Fitness Center**
Create fitness center for students and staff and through collaboration with parks and recreation make available to community to increase physical activity levels and instill lifelong lifestyle habits for all.

Ritchie County Middle School **Ritchie** **Fitness Center Make-Over**
Improve fitness center for use during physical education classes and establish "Invite Parent Day" in addition to expanding community use of center.

Shepherdstown Elementary School **Jefferson** **Kids Run Wild**
Implement *Kids Run Wild* program, conduct community walk audits and prepare students, staff and families to participate in community based running events over two years.

Victory Baptist Academy **Raleigh** **The Victory Trail**
Create a trail with fitness stations to increase physical activity for students during physical education class, recess and offer alternative classroom instruction. Activities involve families and community.

Warwood School **Ohio** **Warwood Gets Its Move ON!**
Implement *Power Up* program on new outdoor equipment, create indoor fitness stations for use before school, and promote walking to school.

West Hamlin Elementary **Lincoln** **Climbing to the Top**
Increase upper body strength and aerobic capacity of students, staff and families through training on use of a new climbing wall during after school program, family nights and other community events.



2007-2008 Grant Projects

Alum Bridge Elementary School

Lewis

Healthy Hearts for Healthy Kids

Create walking trail to promote walking and increased physical activity among students, faculty and community members. Trail will be used to develop physical activity programs such as Community Walk-a-Thons, student Walk-a-Thons, classrooms competitions, and 10,000 steps programs.

Creed Collins Elementary

Ritchie

SPARK training

Train thirty Ritchie County physical health education teachers in SPARK. Teachers will use research based and developmentally appropriate material to teach over 900 students.

Harrisville Elementary School

Ritchie

We are Climbing the Walls

Install gymnasium climbing wall to be incorporated into the physical education program at school to increase muscular strength and stamina.

North Elementary School

Monongalia

Dance Dance Revolution

Purchase Dance, Dance Revolution, pedometers, and other equipment (hula hoops, jump ropes, soccer and playground balls, etc) to be used in the PE program and other activities.

Malden Elementary

Kanawha

Calm and Energized

To offer Yoga training classes to students, parents and teachers. To teach students to increase physical activity, decrease stress and anxious overeating, build physical strength, flexibility and confidence, and discover personal stress triggers which result in overeating and lethargy and how to eliminate them.

Martin Elementary School

Wood

Family Fitness Nights

An eight- week program during winter for over 150 students and families, senior citizens and home schooled families.

Mercer Elementary School

Mercer

Family Fun Night

Targeting 322 students, families and 36 faculty and staff, these nights will promote healthy lifestyles and offer support activities.

North Elementary School

Randolph

Recreation Station

Create a recreation station that will use workout equipment such as pull up bars, sit-up benches and virtual games to enhance recreational play.

St. Agnes Catholic School

Kanawha

Walking Track

Construct a new walking track that will be available to students and community.

Tygart Valley Middle and High School

Randolph

Techno Fit

To launch a technology based physical activity program using televisions equipped with Dance Dance Revolution and Nintendo Wii gaming systems.



2006-2007 Grant Projects

Chamberlain Elementary School
Improve existing playground

Kanawha

Pride Rock Village

Cheat Lake Middle School

Monongalia

SHARKS Getting Fit!

Provide tailored fitness information to all fifth graders to increase physical activity.

Clay County Middle School

Clay

Mountain Mud Mashers

Continue after school bike rides, transportation for park rides, safety and skills classes, and use equipment for spin classes in winter. Learn through biking, while staying physically active.

Doddridge County Middle School

Doddridge

Bobcat Family Recreation Area

Phase I of outdoor recreation area – to build 3 rim basketball court available to students and the community.

Greenbrier East High School

Greenbrier

Project Lifestyle

Purchase Dance, Dance Revolution to be used along with ROUTEEN, a dance/movement program, and to purchase exercise equipment such as bands and hand weights, etc.

Jane Lew Elementary School

Lewis

Healthy Hearts Trail

Phys Ed classes will use the trail. The school will sponsor walk-a-thons to promote physical activity, community walking events.

Kanawha Elementary School

Wood

Playground and Track

Install playground equipment inside the present walking track.

Martin & Madison Elementary Schools

Wood

Martin on the Move

Martin on the Move – an 8 week Family Fun/Fitness night program that will increase teacher, student, and family involvement at school, increase physical activity opportunities, and support healthy nutrition. Madison Elementary School will develop Dance, Dance Revolution programs to provide recess during bad weather.

Sherman High School

Boone

Moving to better Health

Provide organized physical activities structured and supervised by a trained physical education teacher to community and students. The program will encourage and develop healthier lifestyles and habits.

West Liberty Elementary School

Ohio

WLES

To increase movement during recess – inside and outside -by including fun, mobile equipment. To increase faculty, staff and student wellness with a school wide pedometer program. To increase student lifetime fitness with Learn to Swim program and after school club.



2005-2006 Grant Projects

Bridge Street Elementary School

Ohio

Bridge Street Elementary School

Walking trail with exercise enhancements around the perimeter of the school.

George Ward Elementary School

Randolph

Follow Our Footsteps!

Build a walking trail, hold a community health and fitness fair and promote walking through challenges for school classes, families and the community.

Kasson Elementary School

Barbour

Pathway to Lifetime Fitness

Create a quality walking/running/exercise trail and stations on school ground. Available to students and community.

Martin Elementary School

Wood

Martin on the Move

Increase access to physical activity opportunities and interactive nutrition education of students, parents, and community members.

Wirt County Middle School

Wirt

Wirt Wellness – A Way of Life

Involving teachers, parents and students to increase physical activity opportunities.